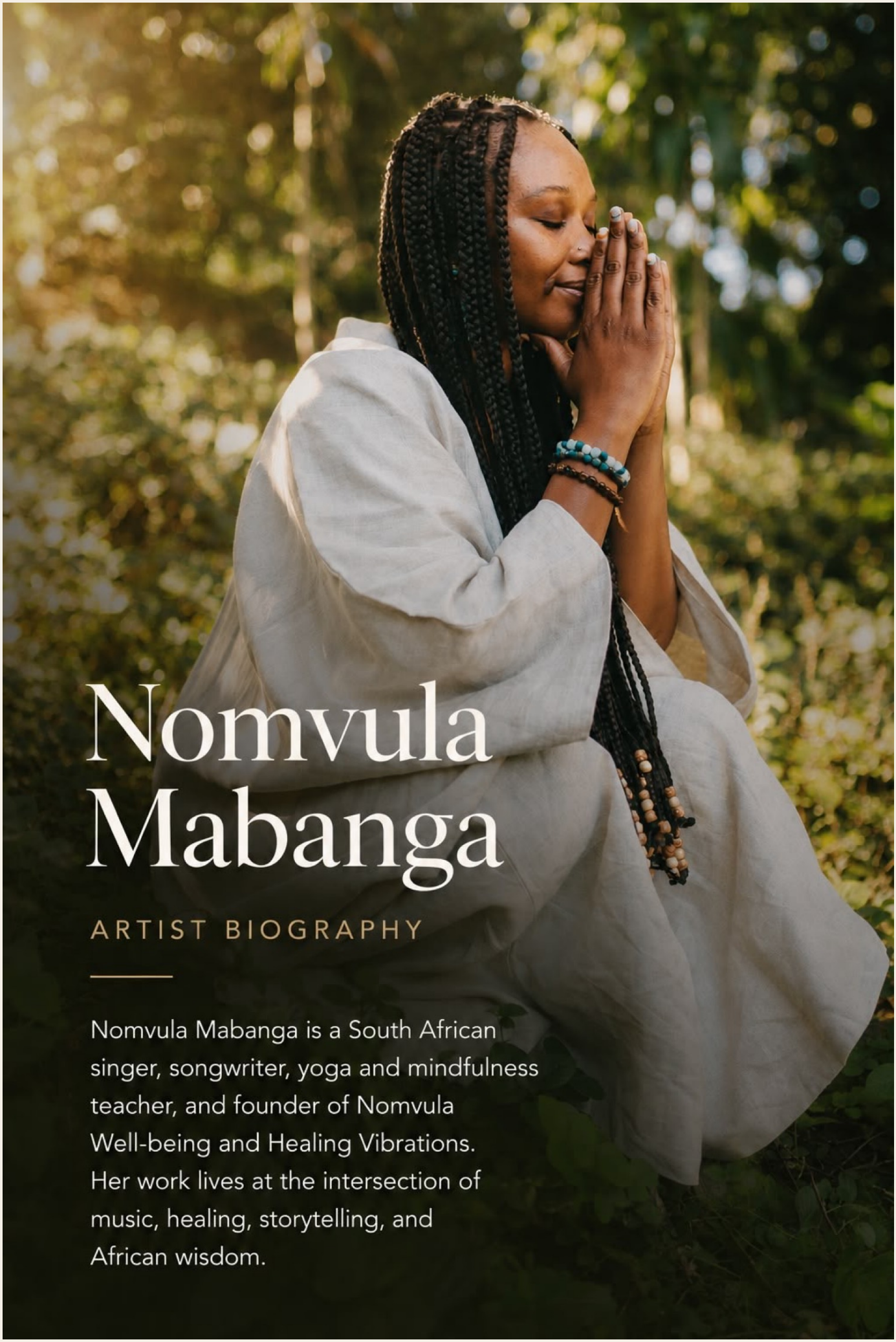


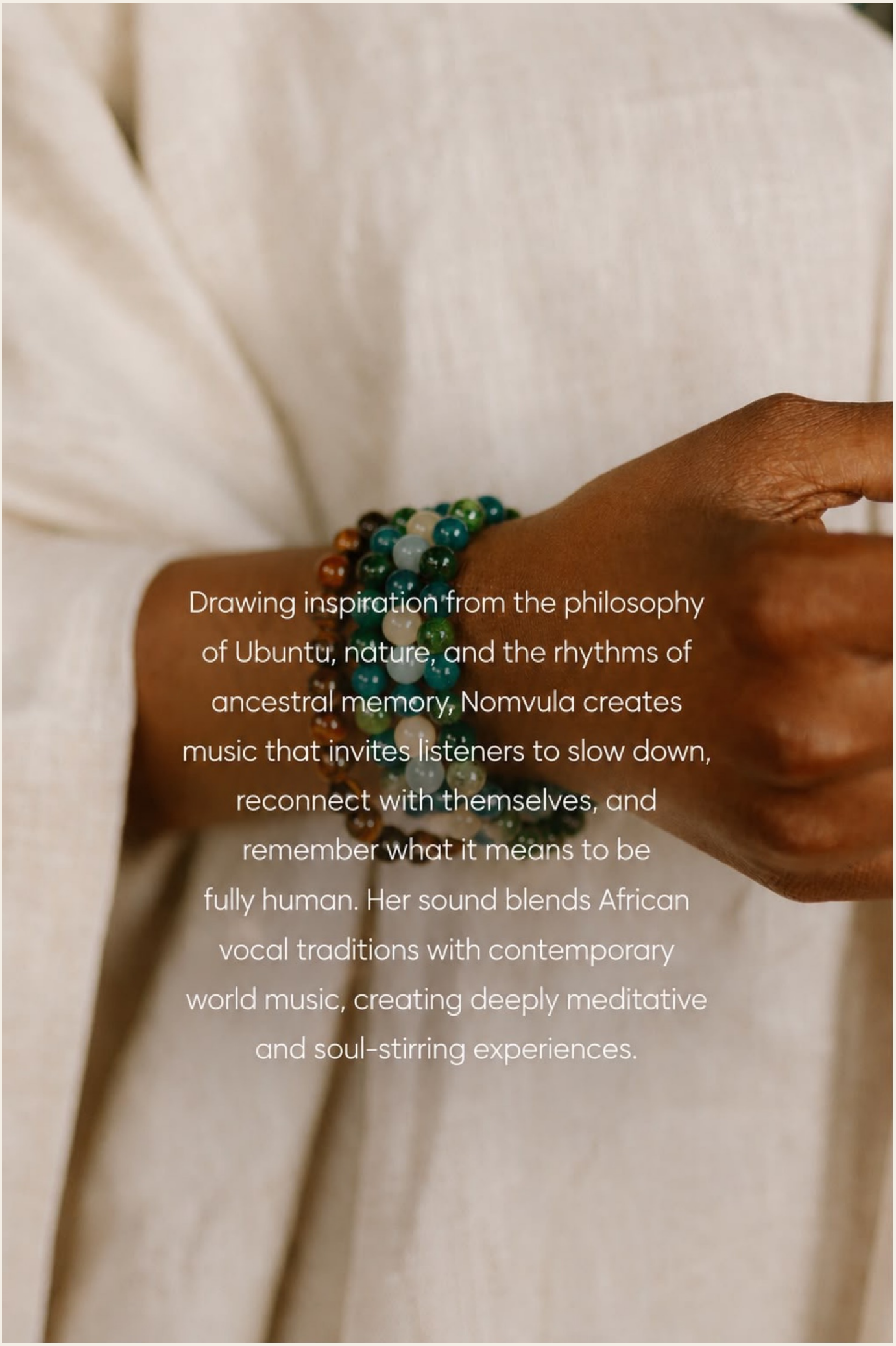
NOMVULA MABANGA

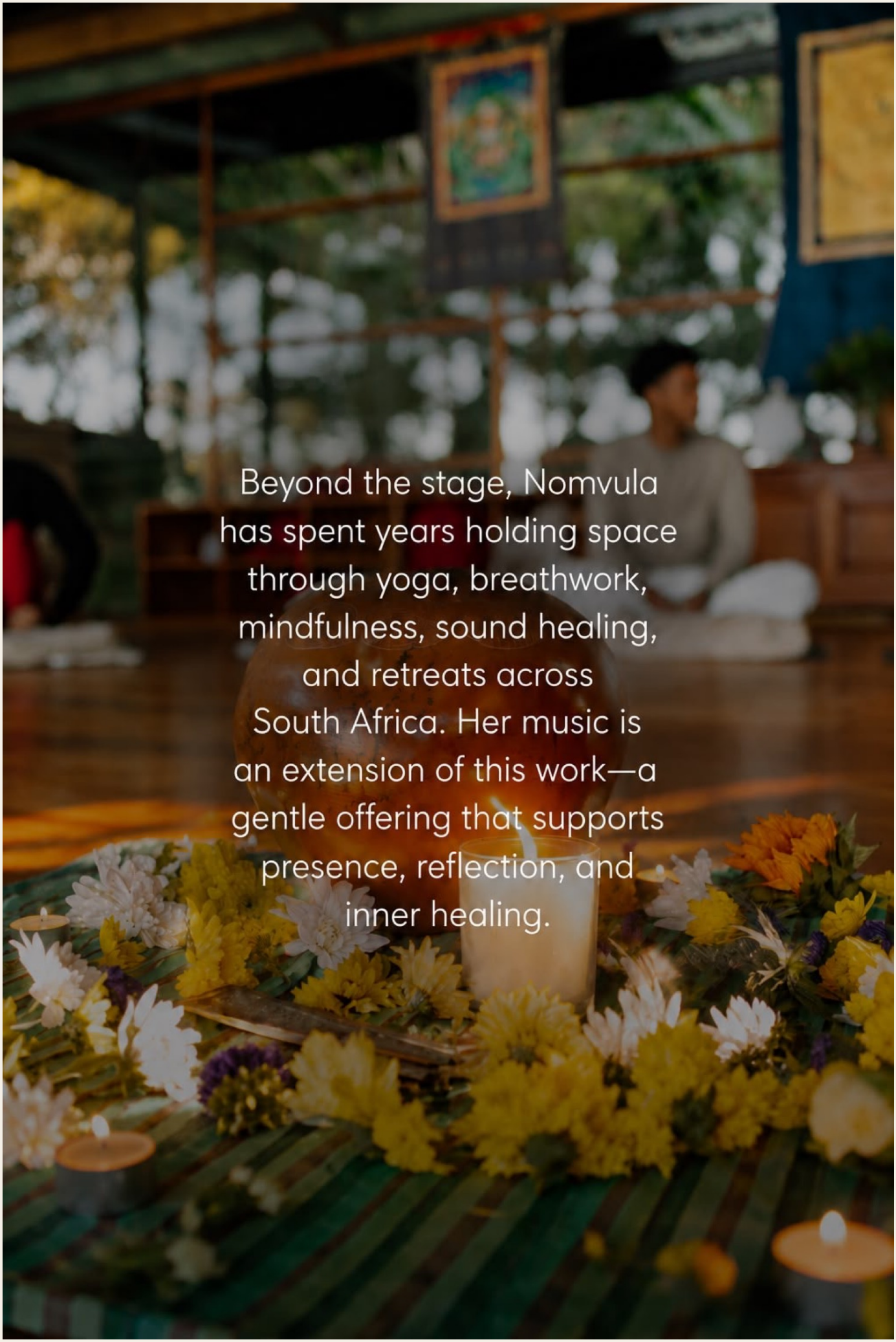
Artist Biography

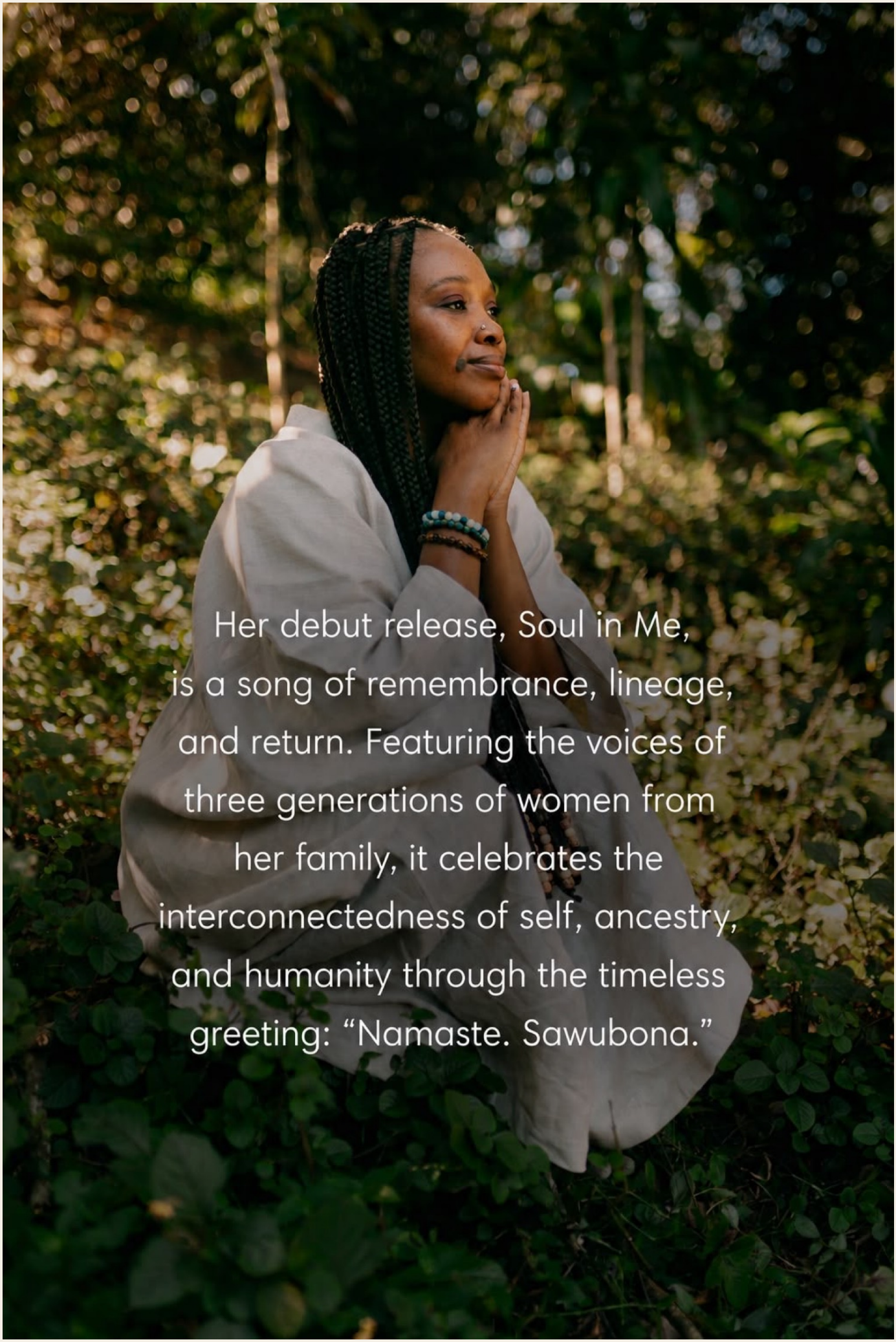
Music · Healing · Storytelling · African Wisdom

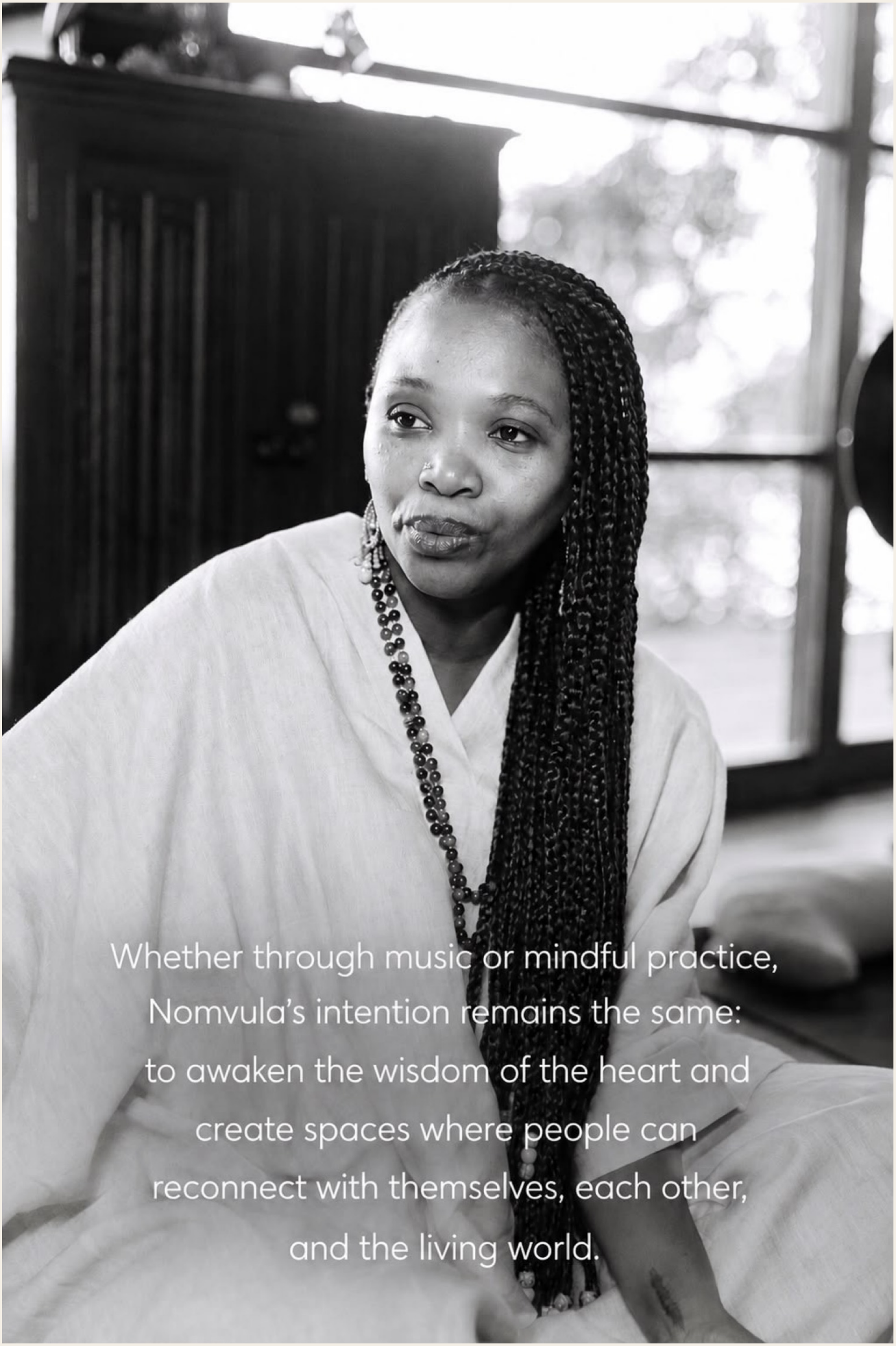
Nomvula Well-being and Healing Vibrations


Nomvula Mabanga
ARTIST BIOGRAPHY
Nomvula Mabanga is a South African singer, songwriter, yoga and mindfulness teacher, and founder of Nomvula Well-being and Healing Vibrations. Her work lives at the intersection of music, healing, storytelling, and African wisdom.


Drawing inspiration from the philosophy
of Ubuntu, nature, and the rhythms of
ancestral memory, Nomvula creates
music that invites listeners to slow down,
reconnect with themselves, and
remember what it means to be
fully human. Her sound blends African
vocal traditions with contemporary
world music, creating deeply meditative
and soul-stirring experiences.


Beyond the stage, Nomvula has spent years holding space through yoga, breathwork, mindfulness, sound healing, and retreats across South Africa. Her music is an extension of this work—a gentle offering that supports presence, reflection, and inner healing.


Her debut release, Soul in Me,
is a song of remembrance, lineage,
and return. Featuring the voices of
three generations of women from
her family, it celebrates the
interconnectedness of self, ancestry,
and humanity through the timeless
greeting: “Namaste. Sawubona.”


Whether through music or mindful practice,
Nomvula's intention remains the same:
to awaken the wisdom of the heart and
create spaces where people can
reconnect with themselves, each other,
and the living world.

Namaste. Sawubona.

Whether through music or mindful practice,
the invitation remains the same:
to awaken the wisdom of the heart
and remember what it means to be fully human.

NOMVULA MABANGA

Soul in Me · Healing Vibrations