Marcos Lamy is a musician, teacher, and researcher, holding degrees in Social Sciences (Federal University of Maranhão), Music (Uninter), and a specialization in Neuropsychopedagogy (Laboro). Throughout all his professional experiences, his area of work has been the music of Brazilian popular culture. Over the course of his career, Marcos Lamy has conducted research on Brazilian popular culture, with a special focus on percussion. As a musician, he has released four studio albums of original compositions, strongly influenced by Brazilian popular culture. As a music teacher, he coordinates an educational project for children, which is part of one of the most important cultural institutions in the state of Maranhão, the Boi de Pindaré. He also coordinates a small carnival street band called Bloco Lambi.

During his first degree in Social Sciences, he conducted pioneering ethnomusicological research on the music of Terecô, an important manifestation of popular culture of Maranhão, documenting its instruments and performance techniques. This tradition is rich in percussion instruments, and as it was the first research focused on the music of this African-rooted religion, the records of which instruments are played (such as Tambor da Mata, gourds, snare drum, brass instruments, etc.) and the ways in which they are played were crucial to academic knowledge about Terecô.

In his career as a singer, composer, and instrumentalist, Lamy has performed shows presenting his music across several Brazilian states, singing and playing instruments such as atabaques, agogô, guitar, pandeiro, among others. He has participated in and won awards at major festivals (Br135, Semana Internacional da Música SP, WebFestivalda, Prêmio Rádio Universidade, FunMusic Brasil). He has also collaborated with various artists on their albums (Luiza Brina, Bruna Magalhães, Yma, Núbia, etc.).

IEBABA is an institute created and coordinated by Lamy, in partnership with the president of Boi de Pindaré, with the goal of preserving and promoting musical and cultural knowledge. Through music education focused on traditional instruments (pandeiro, pandeirão, agogô, tamborim, timbal, ganzá, surdo, atabaque) of Maranhão's popular culture, the organization aims to foster interest and provide professional development for children associated with this historic group.

Marcos participated in the BRICS Melody event on two occasions. In 2024, he was the sole Brazilian representative at the event held in Ulyanovsk, Russia, which had the theme "How to popularize traditional instruments among young people." In 2026, he returned to the event accompanied by other Brazilian representatives, this time with activities held in both Ulyanovsk and Moscow. At both editions, he took part in expert conferences, performed shows, and delivered Masterclasses on Brazilian popular culture — including presentations at local schools and universities.